The calendar plan of IUKL sports events for 2025

No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates		
	First group - Rating competitions									
	(Continental, World Championships, Cups)									
	European			younger boys	Under 16 ¹					
				younger girls						
	Championship	Only athletes	Two arms Jerk / Snatch /	older boys	Under 18 ¹					
	among	from the European region	Two arms LC / Snatch-12 / Biathlon / All-around /	older girls						
	Youth U-16/U-18, Juniors U-23,	(professionals / amateurs)	Relay races (Jerk / LC)	male juniors female juniors	Under 23 ²			April		
1	Adults		Relay faces (Jefk / Le)	male adults		Bulgaria	Sofia	9 - 13,		
	Auuits			female adults	unlimited			2025		
		All athletes	Two arms Jerk / Snatch /			-				
	Open European	without continental	Two arms LC /	male	unlimited					
	Cup & Grand Prix	restrictions	Biathlon / All-around /	female	ummited					
		(professionals / amateurs)	Relay races (Jerk / LC)	Temale						
	World Championship in Separate Disciplines among Youth U-16/U-18	All athletes without continental restrictions (professionals / amateurs)	younger bo	younger boys						
			Major medals: Two arms Jerk / Snatch / Two arms LC	younger girls Un	Under 16 ¹					
			Small medals:							
			All-around / Relay races (Jerk / LC)	older boys	Under 18 ¹ Uzbekistan			April		
2				•		Uzbekistan	Khanabad	26 - 30,		
				older girls				2025		
	World Cup in Separate Disciplines	All athletes without continental restrictions (professionals)	Major medals: Two arms Jerk / Snatch / Two arms LC Small medals: All-around / Relay races (Jerk / LC)	male	unlimited					
				female						
			Ani-around / Relay faces (Jefk / LC)	younger boys						
				younger girls	Under 16 ¹					
	Asian Championship		Two arms Jerk / Snatch /	older boys		1				
	among	Only athletes	Two arms LC /	older girls	Under 18 ¹					
	Youth U-16/U-18,	from the Asian region	All-around /	male juniors	XX 1 22 2			May 14 - 19,		
3	Juniors U-23,	(professionals / amateurs)	Relay races (Jerk / LC)	female juniors	Under 23 ²	Kyrgyzstan	Bishkek			
	Adults			male adults	unlimited	Kyrgyzstan	Bishkek	2025		
				female adults	ummited			2023		
	0 4 :	All athletes	Two arms Jerk / Snatch /	male						
	Open Asian	without continental	Two arms LC /		unlimited					
	Cup & Grand Prix	restrictions (professionals / amateurs)	All-around / Relay races (Jerk / LC)	female						
		(professionals / amateurs)	Netay faces (Jein / LC)							

IUKL calendar plan 2025 page 1 from 7

No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
			First group - Rating com					
			(Continental, World Champio	onships, Cups)				
		Only athlets		younger boys	Under 16 ¹		Ann Arbor, Michigan Kalisz	
	Pan American Championship	from the Americas region		younger girls	Chaci 10			
		_	Two arms Jerk / Snatch /	older boys	Under 18 ¹			
	among	North America,	Two arms LC / Snatch-12	older girls	Chaci 10			
	Youth U-16/U-18,	Caribbean region,	All-around /	male juniors	Under 23 ²			June
4	Juniors U-23,	Central America,	Relay races (Jerk / LC)	female juniors	Chaci 25	USA	,	27 - 28,
	Adults	South America	_	male adults	unlimited		Michigan	2025
		(professionals / amateurs)		female adults				2020
	Open Pan American	All athletes without continental	Two arms Jerk / Snatch / Two arms LC /	male	male unlimited female			
	Cup & Grand Prix	restrictions (professionals / amateurs)	All-around / Relay races (Jerk / LC)	female				
				younger boys	Under 16 ¹			
	World Championship		Major medals:	younger girls	Officer 10			
	in Biathlon & All-around among Youth U-16/U-18, Juniors U-23, Adults All athle without comments restricted (professionals /	All athletes	Biathlon / All-around /	older boys	Under 18 ¹		•	
		without continental	Relay races (Jerk / LC)	older girls		– Poland Kalisz		
		restrictions	Small medals:	male juniors	Under 23 ²			October
5		/ I Officessionals / amateurs)	Two arms Jerk / Snatch /	Terriare juriors	Chaci 25		Kalisz	15-20,
			Two arms LC / Snatch-12	male adults	- unlimited		2025	
		A 11 1 . 1 .	N. 11 P: 11 (All 1/	female adults		-		
	World Cup in Biathlon	All athletes without continental	Major medals: Biathlon / All-around /	male				
		restrictions	Relay races (Jerk / LC) Small medals: Two arms Jerk / Snatch /	unlimited				
	& All-around	(professionals)	Two arms LC / Snatch-12	male				
	World Championship	,	Major medals:	male juniors				November
	in Separate	Separate without continental restrictions Two arms Jerk / Snatch / Two arms LC			Under 23 ²			
6	Disciplines			female juniors		China	Haining	13-18,
	among	(professionals / amateurs)	Small medals:	male adults	unlimited			2025
	Juniors U-23, Adults	(Proressionals)	All-around / Relay races (Jerk / LC)	female adults	ummited	<u> </u>		
		Omly, 44-1-4-		younger boys	Under 16 ¹			
	Oceania Area	Only athlets from the Oceania region –		younger girls	Under 10			
	Championship	Australasia,	Two arms Jerk / Snatch /	older boys	Under 18 ¹			
	among	Melanesia,	Two arms LC / Snatch-12 /	older girls	Chuci 18	-		
	Youth U-16/U-18,	Micronesia,	All-around /	male juniors	Under 23 ² unlimited Austra		D1 111	November -
7	Juniors U-23,	Polynesia	Relay races (Jerk / LC)	female juniors		Australia	Place will	December,
	Adults	(professionals / amateurs)	_	male adults			be assigned	2025
		,		female adults		-		 -
	Open Oceania Area Cup & Grand Prix	All athletes	Tour annua Lorda / Constab. / Tour annua L. C.	male			1	
			/ All-around / Relay races (Jerk / LC)	female	unlimited			
		(professionals / amateurs)		Tomaic				

IUKL calendar plan 2025 page 2 from 7

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates			
	Second group - Multisport competitions (Seniors Championships, Continental, Regional, World Games, Grand Prix)										
	European Cup	Only athletes-seniors	Two arms LC / Snatch-12 /	male seniors	40 and older ³						
	among Seniors	from the European region		female seniors	35 and older ³						
				younger boys	Under 16 ¹						
				younger girls	Chaci 10						
				older boys	Under 18 ¹						
4		All athletes	One arm jerk /	older girls	Chack to			April			
1		without continental		One arm LC/ male juniors Under 23 ²	Bulgaria	Sofia	9 - 13,				
	Open European Games	_ (,	Relay races (Jerk&Snatch) / Mixed relay	female juniors				2025			
			mixea relay	male adults female adults	unlimited						
				male seniors	40 and older ³	40 and older ³ 35 and older ³ unlimited					
				female seniors							
			Determined individually	male Para-athletes							
				female Para-athletes	ummmed						
		All athletes	Two arms Jerk / Snatch /	younger boys	Under 16 ¹						
				younger girls							
				older boys	Under 18 ¹						
			Two arms LC / Relay races (Jerk / LC)	older girls							
		without continental	One arm jerk /	male juniors	Under 23 ² unlimited		Khanabad				
		restrictions	One arm LC /	female juniors				April			
2	World Games	(amateurs)	Relay races (Jerk&Snatch)/	male adults		Uzbekistan		26 - 30,			
2			Mixed relay	female adults		-		2025			
				male seniors	40 and older ³						
				female seniors	35 and older ³						
		All Para-athletes without Determined continental restrictions individually	D	male Para-athletes							
			female Para-athletes	unlimited							

IUKL calendar plan 2025 page 3 from 7

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates				
	Second group - Multisport competitions (Seniors Championships, Continental, Regional, World Games, Grand Prix)											
	Asian Cup among Seniors	Only athletes-seniors	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	male seniors	40 and older ³							
		from the Asian region		female seniors	35 and older ³							
				younger boys	Under 16 ¹							
				younger girls	Chaci io	 						
				older boys	Under 18 ¹							
		All athletes	One arm jerk /	older girls		<u> </u>	Bishkek	May				
3		without continental restrictions	One arm LC / Relay races (Jerk&Snatch) / Mixed relay	male juniors female juniors	Under 23 ²	older ³		14 - 19,				
	Open Asian	(amateurs)		male adults				2025				
	Games Games	(unitate ars)		female adults	unlimited							
				male seniors	40 and older ³							
				female seniors	35 and older ³							
		All Para-athletes without continental restrictions	Determined	male Para-athletes	unlimited							
			individually	female Para-athletes	ummited							
	Pan American Cup among Seniors	Only athletes-seniors from the Americas region	Two arms Jerk / Snatch / Two arms LC / Snatch-12 / All-around / Relay races (Jerk / LC)	male seniors	40 and older ³	er ³						
				female seniors	35 and older ³							
		All athletes		younger boys	Under 16 ¹ Under 18 ¹							
				younger girls								
				older boys								
			One arm jerk /	older girls				T				
1		without continental	One arm LC /	male juniors		USA	Ann Arbor,	June 27 - 28,				
4		restrictions	Relay races (Jerk&Snatch) /	female juniors	Under 23 ²	USA		2025				
	Open Pan American	(amateurs)	Mixed relay	male adults	unlimited		2023					
	Games			female adults								
				male seniors	40 and older ³	- -						
				female seniors	35 and older ³							
		All Para-athletes without Determined continental restrictions individually	Determined	male Para-athletes	unlimited							
				female Para-athletes								

IUKL calendar plan 2025 page 4 from 7

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates			
	Second group - Multisport competitions (Seniors Championships, Continental, World Games, Grand Prix)										
	World Cup in Biathlon &	p All athletes-seniors	Major medals: Biathlon / All-around / Relay races (Jerk / LC)	male seniors	40 and older ³						
	All-around among Seniors	without continental restrictions	Small medals: Two arms Jerk / Snatch / Two arms LC / Snatch-12	female seniors	35 and older ³						
				younger boys	Under 16 ¹						
				younger girls	Chack to			0 (1			
_				older boys	Under 18 ¹	D 1 1	Kalisz	October 15-20, 2025			
5		All athletes	One arm jerk /	older girls	Chaci 10	Poland					
		without continental	One arm LC /	male juniors Under 23 ²	Under 23 ²						
	World	Prix (amateurs) All Para-athletes without	Relay races (Jerk&Snatch)/	female juniors	unlimited						
	Grand Prix		Mixed relay	male adults			Kalisz				
			Determined	female adults							
				male seniors	40 and older ³						
				female seniors	35 and older ³ unlimited						
				male Para-athletes							
		continental restrictions	individually	female Para-athletes							
6	World Cup in Separate Disciplines among Seniors	All athletes-seniors without continental restrictions All	Major medals: Two arms Jerk / Snatch / Two arms LC Small medals: All-around / Relay races (Jerk / LC)	male seniors	40 and older ³	. China F	Haining	November 13-18,			
				female seniors	35 and older ³			2025			
	Oceania Area Cup	Only athletes-seniors	Two arms Jerk / Snatch /	male seniors	40 and older ³						
	among Seniors	from the Oceania region	Two arms LC / Snatch-12 / All-around / Relay races (Jerk / LC)	female seniors 35 and ol	35 and older ³						
				younger boys	Under 16 ¹						
				younger girls	Chack 10						
				older boys	Under 18 ¹		I				
_		All athletes	One arm jerk / One arm LC /	older girls	Under 23 ² Australia unlimited	Place will	November -				
7	Omen Oceanie Ance	Oceania Area Games without continental restrictions (amateurs)	One arm LC / Relay races (Jerk&Snatch) /	male juniors female juniors		Australia	be assigned	December, 2025			
			Mixed relay	male adults			oc assigned				
	Games		ткей гешу	female adults							
				male seniors	40 and older ³	1					
				female seniors	35 and older ³						
		All Para-athletes without	Determined	male Para-athletes	1::1						
		continental restrictions	individually	female Para-athletes	unlimited						

IUKL calendar plan 2025 page 5 from 7

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates				
	Third group – "Sport for All" competitions											
			(Tourname	ents, festivals, contes	ts)							
	Open Balkan		Two arms Jerk / Snatch / Two arms LC /All-round /	male juniors female juniors	Under 23 ²		Place will be					
		All athletes without continental	Relay races (Jerk / LC)	male adults female adults	unlimited	Place will be		Date to be				
1	Championship	restrictions	One arm jerk / Snatch-12 / One arm LC / Mixed relay	male seniors	40 and older ³	assigned	assigned	assigned				
	ommpronsinp		Relay races (Jerk&Snatch)	female seniors	35 and older ³	assigned	assigned	assigned				
		All Para-athletes without continental restrictions	Determined individually	male Para-athletes female Para-athletes	unlimited	1						
				younger boys younger girls	Under 16 ¹							
	Monthly Online International Cup	All athletes		older boys older girls	Under 18 ¹							
2		Monthly Unline without continental	ional Cup without continental 12 different	12 different exercises in 12 months	male juniors female juniors	Under 23 ²	3 4	lline ents	Monthly, 2024			
				male adults female adults	unlimited							
				male seniors	40 and older ³	 -						
				female seniors	35 and older ³							
			Fourth group – Scientif (Conferences, semina	*								
			(Conterences, semina	ars, worksnops, tran	ning camps)	l		F-1 20				
1	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	Germany	Ludwigshafen am Rhein	February 28 – March 1, 2025				
2	International Seminar on Anti-Doping Online/Offline	Representatives of IUKL members without any restrictions	Kettlebell lifting	Members of IUKL ⁴	Athletes, Coaches, Officials, and others interested	Bulgaria	Sofia	April 09, 2025				
3	International Seminar on Anti-Doping Online/Offline	Representatives of IUKL members without any restrictions	Kettlebell lifting	Members of IUKL ⁴	Athletes, Coaches, Officials, and others interested	Poland Kalisz		October 15, 2025				
4	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	Poland	Kalisz	October 15-20, 2025				
5	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	China	Haining	November 13-18, 2025				

¹ In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2009 and younger) and up to 18 years old (born in 2007 and younger).

² In the Junior groups U-23 (male & female) can participate athletes up to 23 years old (born in 2002 and younger).

IUKL calendar plan 2025 page 6 from 7

³ In the Senior groups can participate female athletes from 35 years old (born in 1990 and later) and male athletes from 40 years old (born in 1985 and younger). ⁴ Mandatory training for all professionals (once every two years or more frequently, ending with an examination and certification).

page 7 from 7 IUKL calendar plan 2025